

Princeton Community Family Learning Center

Potty Training Policy

At PCFLC, we are more than happy to assist with potty training! We will require a few things from you:

- At least 3 changes of clothes, including socks, to keep in your child's cubby.
- If your child has a special potty chair he/she feels comfortable using, we ask that you bring the chair to school (sanitized). If your child has no preference and responds the same to any potty chair, we do have potty chairs available. We use Baby Bjorn chairs.
- Pull-Ups for nap time. Most children will continue to require diapers/Pull-Ups at night and while asleep. So as to not "regress" to diapers and confuse the child, we ask that you provide us with Pull-Ups so that we can remain consistent with using the potty in the same manner even during the hour(s) surrounding nap. Otherwise, once a child shows the ability to read his/her body signals, children wear underwear. The underwear with an absorbent panel are best. Again, PLEASE provide at least 3 extra pair, along with a full 3 extra outfits, including socks.
- A donation of bleach wipes or sanitizing solution (the kind that kills at least 99.9% of germs) is extra appreciated to keep our classroom sanitary during potty training!

At PCFLC, our strategy is to remain consistent with the potty routine, and offering the potty frequently with cheerful optimism and encouragement. We supply sticker rewards for success, and applaud a child "for trying" even if the attempt brings no results. We aspire to make potty time fun and stress-free. Many times, the teacher will read to children as they relax on the potty. This is especially true when children are still mastering reading their body signals. This stage requires extra time on the potty and lots of patience. 😊

If you've experienced success at home and wish to share your techniques with us, please feel free! We invite the opportunity to work together with parents during this exciting transition in your child's life!

